



EMDR Integrative Attachment Trauma Protocol for Children (IATP-C)

Training for EMDR Mental Health Practitioners

Presenters: Debra Wesselmann, LIMHP and Cathy Schweitzer, LIMHP

Day One – Friday, March 27, 2020

8:15-8:45 Sign In & Continental Breakfast

8:45 Program Begins

8:45 – 10:00 Overview, History-taking

10:00 – 10:30 Integrative Parenting

10:30 – 10:45 BREAK

10:45 – 11:15 Integrative Parenting PRACTICUM

11:15 – 11:45 Conceptualizing Parts of Self

11:45 – 12:15 Decreasing Dissociation

12:15 – 12:30 Preparation Phase: RDI

12:30-1:45 Lunch on your own

1:45 – 3:15 Preparation Phase: ARD

3:15 – 3:30 BREAK

3:30 – 3:45 Brain Work

3:45 – 4:15 S-RDI

4:15 – 5:00 Case consultation

5:00 Day One Concludes – Sign Out

Day Two – Saturday, March 28, 2020

8:15-8:45 Sign In & Continental Breakfast

8:45 Program begins

8:45 – 9:30 Safety Prep for Trauma Work

9:30 – 10:00 Assessment Phase Adaptations

10:00 – 10:30 Overcoming Obstacles to Reprocessing

10:30 – 10:45 BREAK

10:45 – 11:30 Interweaves

11:30 – 12:00 Piecework

12:00 – 12:30 Making Sense of the Past, Timeline

12:30-1:45 Lunch on your own

1:45 – 2:45 Therapeutic story PRACTICUM

2:45 – 3:00 BREAK

3:00 – 3:30 Grief

3:30 – 4:00 Current Triggers & Future Rehearsals

4:00 – 5:00 Case Consultations

5:00 Day Two Concludes – Sign Out



Gray Matters
THERAPY WORKSHOPS